

Blackwater Outdoor Experiences Experiential Social Skills Application

Participant Name: _____
Date of Birth: _____
Grade: _____
Parent/ Guardian Name: _____
Home Phone: _____ Work Phone: _____
Cell Phone: _____
E-mail: _____
Address: _____
Emergency Contact and Phone: _____

Referring Behavior(s): _____

Diagnosis: _____
Social Strengths: _____
Social Weaknesses: _____
Emotional Strengths: _____
Emotional Weaknesses: _____
Goals for participant: _____

Physical fitness, allergies & limitations: _____

Printed Name of Parent/ Guardian _____ Parent/ Guardian Signature _____

Please enclose program deposit. We accept checks and credit cards.

Circle: Visa MasterCard Discover American Express

Card Number: _____ Expiration Date: _____

Security Code: _____ Amount to be Charged: \$ _____

Blackwater Outdoor Experiences has been providing adventure based experiential therapies and education for adolescents, young adults and their families for over twenty-five years. Founded by George Bright, MD. in 1980, BOE has been a part of a multidisciplinary approach, as an extension of the Adolescent Health Center, that includes medical & psychological treatment and has addressed the educational, vocational and recreational needs of participants and their families. Blackwater focuses on meeting the individual needs of its clients as well as structuring its program offerings to meet the needs of the greater Richmond community. Blackwater Outdoor is based in Midlothian, Virginia; where Blackwater provides a variety of local programming in addition to our Intensive Therapeutic Expeditions

Blackwater Outdoor Experiences

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Blackwater Outdoor Experiences

Experiential Social Skills Development Group

**Spring 2008
Ages 9 – 14**



**Social Development Through Play and Exploration
April 2—May 7
2008**

Blackwater Outdoors Experiential Social Skills Program

The Social Skills Development Group offered through Blackwater Outdoors Experiences is designed to increase the participants' ability to engage in developmentally appropriate social activities.

Through play, exploration, and practice, this program is intended to teach both the soft and hard skills necessary to successfully and actively participate in neighborhood and school social activities such as: ball games, birthday parties, sleepovers, and other social engagements.

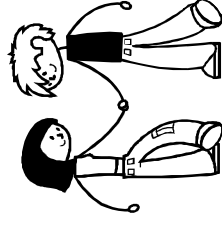
Effective communication, listening skills, group play, self advocacy, problem solving, and other soft skills, are taught through the utilization of metaphor that mirror situations encountered by participants in their daily life. Hard skills, such as how to play soccer, group initiatives, and/or camp craft, are used as a vehicle to increase confidence and competence, ultimately bettering the child's ability to participate more comfortably in social settings.

Activities Participants Engage In:

- Six weekly sessions
- A two-day camping trip
- Ropes course initiatives
- Non-competitive games/ sports
- Less-competitive games/ sports
- Eco- exploration
- Camp craft
- Expressive Art & crafts
- Improvisational acting



The course meets one evening a week and runs for six weeks culminating with a weekend-long wilderness camping experience.



Social skills are the foundation for successful interaction with those around us. Our ability to interact and develop relationships with others is contingent upon our ability to listen and communicate effectively. Strong and positive social skills can lead to favorable social groupings, improved self esteem, in addition to increased social and educational opportunities and success.

The social skills programming is intended for, but not limited to, children ages 9 through 14 experiencing social difficulties due to:

- ADHD / ADD
- Learning Disabilities
- Mild Autism Spectrum Disorders
- Emotional Disabilities
- Depression
- Self Concept
- Developmental Delays
- Weakened Identity
- Disruption of Home (death, divorce)
- Social Awkwardness & Anxiety

Concepts addressed at the BOE Social Skills Program:

- Group play and communication
- Self-esteem
- Friendship, interactive play
- Self advocacy, identity development
- Development of recreational pursuits
- Emotional self recognition and expression
- Character traits development
- Manners - introductions, sharing, taking turns, etc.
- Building trusting relationships

Experiential Social Skills

Boys & Girls ages 9-14

Where: Rockwood Park
3401 Courthouse Road
Richmond, Va. 23236

When: Wednesdays
April 2—May 7, 2008
5:30 – 7:00 pm.

Camping trip: May 10 & 11

Cost:

Weekly Sessions \$300
Weekend Trip \$250
Total \$550

We accept most Anthem Insurance Programs for weekly sessions.

Please make checks payable to Blackwater Outdoor Experiences.

Credit Cards also accepted.

A Deposit (\$275) to register, balance due before course begins.

\$50 off of tuition for all applications received before March 1, 2008

50% of deposit refundable up to ten days prior to course.

This program was featured in the Midlothian and Chester Exchange

10/25/07